



We Are the Church: A Beacon of Light

At Home Parish Mission
St. James Catholic Church
April 26 – May 2

Day 2: Recognizing the Light

Step 1: Pray with the Church – We invite you to take some time out of your day to pray with the Church. We invite you to choose any of the following options.

- † Mass: Participate in a daily Mass. A suggestion could be watching EWTN's Mass [at this link](#).
- † Scripture and Song: Danny Baker, our Director of Liturgy, shares daily Scripture, song and reflections on our [Facebook page](#).
- † Reading Scripture: Read the Scripture readings of the day and reflect on them. Daily readings can be found [at this link](#).

Step 2: Recognizing the Light Video with Cecilia Richardson, Pastoral Associate

Cecilia will share about how she has recognized the moments of Christ's light through the Church and through other people.

Step 3: Prayerful Reflection

Take time now to spend 10 minutes to reflect on what you heard from today's prayer with the Church and from the video that Cecilia shared with us. Start your time by being silent for 15 seconds followed by simply praying the words, "Come, Holy Spirit, help me to reflect on Your light." Spend the rest of the time reflecting on the following questions or wherever the Spirit guides you.

- 1) Yesterday, Fr. Mike asked us to reflect on who has been the light of God's love for us. Cecilia shared with us people who showed this light in her life. Write down a list of 10 people who have helped you see God's light in your life.
- 2) How can you recognize the light in your life more?
- 3) Cecilia closed sharing that God says, "No matter what happens, it's all going to be okay in the end. He's got this!" Do you trust that God's got this? What do you need to offer to God so that you can trust in Him more?

Optional Activities:

Please use the following activities to help deepen your experience as you are able and desire.

- Pray to God in thanksgiving for the list of people who have brought light into your world by name.
- Write thank you cards to people who have made your world brighter.
- Family Discussion: Who has shown light to us individually and to our family?