



We Are the Church: A Beacon of Light

At Home Parish Mission
St. James Catholic Church
April 26 – May 2

Day 3: Enflaming the Light

Step 1: Pray with the Church – We invite you to take some time out of your day to pray with the Church. We invite you to choose any of the following options.

- † Mass: Participate in a daily Mass. A suggestion could be watching Mass with the Our Lady of Snows Shrine [at this link](#).
- † Scripture and Song: Danny Baker, our Director of Liturgy, shares daily Scripture, song and reflections on our [Facebook page](#).
- † Reading Scripture: Read the Scripture readings of the day and reflect on them. Daily readings can be found [at this link](#).

Step 2: Enflaming the Light Video with Deacon Chuck Koesterer

Deacon Chuck will share about how he can enflame the light of Christ in his life through participation in the Sacraments, Scripture, and prayer.

Step 3: Prayerful Reflection

Take time now to spend 10 minutes to reflect on what you heard from today's prayer with the Church and from the video that Deacon Chuck shared with us. Start your time by being silent for 15 seconds followed by simply praying the words, "Come, Holy Spirit, help me to reflect on Your light." Spend the rest of the time reflecting on the following questions or wherever the Spirit guides you.

- 1) Deacon Chuck shared how through his participation in the Sacraments, he has been brought into deeper life within the Church and received gifts that he needed to do this. What have you received from participating in the Sacraments?
- 2) Deacon Chuck shared how he has been recharged through silent prayer and listed other ways that we can let the Holy Spirit enflame us. What form of prayer recharges you the most? Why do you think that is?
- 3) Each person can find various ways to enflame their lights, how can you brighten your light?

Optional Activities:

Please use the following activities to help deepen your experience as you are able and desire.

- Pray the Chaplet of Divine Mercy [at this link](#). Find an outline of how to pray the Chaplet [at this link](#).
- Read the [article at this link](#) about how to understand and pray with the Bible. Then read [Philippians 4:4-7](#).
- Pray with [this video](#) of the song Holy Spirit. Ask the Holy Spirit to flood your soul and enflame your light.
- [Watch this video](#) from Fr. Mike Schmitz on "Tips for Praying" to help strengthen your prayer life.
- Family Discussion: What style of prayer do you see God at the most?