



## We Are the Church: A Beacon of Light

At Home Parish Mission  
St. James Catholic Church  
April 26 – May 2

### **Day 4: Models of the Light**

**Step 1: Pray with the Church** – We invite you to take some time out of your day to pray with the Church. We invite you to choose any of the following options.

- † Mass: Participate in a daily Mass. A suggestion could be watching Mass with Word on Fire Ministry, Bishop Barron's ministry [at this link](#).
- † Scripture and Song: Danny Baker, our Director of Liturgy, shares daily Scripture, song and reflections on our [Facebook page](#).
- † Reading Scripture: Read the Scripture readings of the day and reflect on them. Daily readings can be found [at this link](#).

#### **Step 2: Models of the Light with Denise Whelan, Director of Youth Ministry**

Denise will share some Saints, what they say about being the light and how they let their light shine.

#### **Step 3: Prayerful Reflection**

Take time now to spend 10 minutes to reflect on what you heard from today's prayer with the Church and from the video that Denise shared with us. Start your time by being silent for 15 seconds followed by simply praying the words, "Come, Holy Spirit, help me to reflect on Your light." Spend the rest of the time reflecting on the following questions or wherever the Spirit guides you.

1. How can you change the world one person at a time?
2. What does being a living Saint mean to you?
3. How can you be like Mother Teresa and be a people of light bringing the hope and peace of God's love?
4. How are you being a living Saint during these hard, unknowing times?
5. How can you be a better living Saint?

#### **Optional Activities:**

Please use the following activities to help deepen your experience as you are able and desire.

- "The mission is not easy. It becomes absolutely impossible if one counts on oneself. But 'what is impossible with men is possible for God'" *Where are your weaknesses? Write about them and your frustration with them, then pray with 2 Corinthians 12:9 and write about how that verse applies to you and your weaknesses. Don't stop there, but reflect on what your strengths are and how can you use those?*
- Make Deed Beads: [Click here for a link to learn how.](#)
- Meditate on the song Sacred Silence, It is a great hymn to ask the Holy Spirit to be with you. [Click this link.](#)
- Listen to the words of Future not my Own. If we are to truly be living Saints our future is not our own. [Click this link.](#)
- Family Discussion: For those who are confirmed, share about your Confirmation saint. How do they inspire you and why did you choose them? How can you model your life more on the example of this saint?