



## We Are the Church: A Beacon of Light

At Home Parish Mission  
St. James Catholic Church  
April 26 – May 2

### **Day 7: Living in the Light**

**Step 1: Pray with the Church** – We invite you to take some time out of your day to pray with the Church. We invite you to choose any of the following options.

- † Mass: Participate in a daily Mass. A suggestion could be watching Mass with Catholic TV [at this link](#).
- † Scripture and Song: Danny Baker, our Director of Liturgy, shares daily Scripture, song and reflections on our [Facebook page](#).
- † Reading Scripture: Read the Scripture readings of the day and reflect on them. Daily readings can be found [at this link](#).

#### **Step 2: Living in the Light with Fr. Michael Volkmer C.P.P.S.**

Fr. Michael provide an opportunity to reflect on the various aspects that we have talked about already and how we can live in the light.

#### **Step 3: Prayerful Reflection**

Take time now to spend 10 minutes to reflect on what you heard from today's prayer with the Church and from the video that Fr. Michael shared with us. Start your time by being silent for 15 seconds followed by simply praying the words, "Come, Holy Spirit, help me to reflect on Your light." Spend the rest of the time reflecting on the following questions or wherever the Spirit guides you.

- 1) What gifts of God shine through you so that you may be a beacon of light to others?
- 2) How has this pandemic effected you? Have you reached out to others during this time of isolation?
- 3) Has the parish of St. James helped you in your efforts to be a beacon of light especially during this pandemic? In what ways?
- 4) Have you identified ways of darkness and need in your life, especially during the pandemic?
- 5) Who inspires you? In what ways have you or can you inspire others?

#### **Optional Activities:**

Please use the following activities to help deepen your experience as you are able and desire.

- Create a way to help you remember to live in the light. You could add an item that when you see it, you are reminded of this call - a candle somewhere that you can see, get a keychain flashlight to put on your keys, a Rosary or cross in your pocket or whatever other way you can come up with.
- Watch the [video at this link](#). Do any of the words in the song, words of Scripture or pictures move you? How and why do you think this is?
- Family Discussion: How can each of us do something to let God's light shine through us? How can we do this as a family?