

# Choosing a Sponsor

**To our Confirmation Candidates:** Please take seriously the task of choosing your Confirmation Sponsor. Your Sponsor should be far more than an honorary position. A Sponsor should be a spiritual guide to you now and throughout your life. You should choose a person whom you admire as a Catholic Christian, someone who lives our faith in a way you would like to emulate and who will help you in your faith journey.

The requirements for a sponsor are as follows:

- The sponsor should be at least 16 years old with sufficient maturity to walk with the candidate.
- The sponsor should be a practicing Catholic in good standing with the Catholic Church.
- The sponsor should have received the sacraments of Baptism, Confirmation, and Eucharist.
- The sponsor should be legally able to serve as sponsor, with no impediments of Catholic Canon.
- The sponsor may not be the natural or adoptive parents of the candidate.
- The sponsor does not need to be a member of the St. James parish.

***Your sponsor should be able to do these things during your Confirmation Process:***

- Attend one of the parent and sponsor meetings on August 20 or August 27
- Attend the following sessions (also noted on the schedule): Session on October 8, Community Service Day on December 3, and practice on March 10
- Initiate conversations following each student session (conversation guides will be provided)
- Plan a “Catholic Experience” with you between December 26 and January 13 (details to be shared later)
- Regularly and actively pray for you, especially as you prepare to be confirmed.

As you choose a sponsor, consider your godparents, your religious education teachers, parents of your friends, and adults of our parish who have impacted your faith journey. If you need assistance in finding a sponsor, we will help to connect you with a St. James parishioner who will walk with you on your Confirmation journey.



## Sponsor Form

Confirmation 2023-2024

***Please return this form if sponsor information was not provided on the online registration form.***

Confirmation Candidate: \_\_\_\_\_  
(First and Last Names)

Sponsor Name: \_\_\_\_\_ Relationship to Candidate: \_\_\_\_\_  
(First and Last Names)

Sponsor's Email: \_\_\_\_\_  
(write legibly, please)

***Is the sponsor under 18? If yes, parent/guardian information is required.***       Yes       No

Parent/Guardian Name: \_\_\_\_\_  
(First and Last Names)

Parent/Guardian Email: \_\_\_\_\_  
(write legibly, please)