

# Choosing a Confirmation Saint

## What is a Saint?

- *As Catholics, The Saints are an integral part of our faith. We do not worship Saints. Rather, we ask them to intercede for us, or pray for us. By praying for us, the Saints help us strengthen our relationship with God.*
- *We think of Saints as our "Role Models". Their lives are excellent examples of living out our Faith.*
- *When choosing your Confirmation Saint, you want to pick one that inspires you, one that you want to emulate (and of course, ask to pray for you!)*

When you choose your Saint, you do need to know a little bit about their life. You also want to be able to share the reason you picked this Saint.

*Confirmation Saints must be fully canonized as a Saint in the Catholic Church. Anyone who is a "Servant of God", "Venerable", or "Blessed" cannot be used as a Confirmation Saint name.*

**The Catholic Church has recognized thousands of Saints, and that can be a little overwhelming to research! If you need some guidance, you can work through (some or all) of the questions below:**

1. What are some of your passions? (examples: music, art, volunteer activities, possible career aspirations). Try to research based on these passions. For example, if you search for "Saint of Music", you'll find information about St. Cecilia.
2. What are ways in which you would like to deepen your faith? (For example, maybe you want to deepen your devotion to the Eucharist. If you search "Saints with a strong devotion to the Eucharist", you'll find a whole list of Saints!)
3. Talk to your Sponsor about their Confirmation Saint. Who did they choose? Why did they decide to pick that Saint?

**In addition to completing the Saint form, please create a "tombstone" for your saint. This will go into our "Saints Cemetery" at our Trunk or Treat event on October 26. On the tombstone, please include:**

- The Saint's Name
- Birth and Death Dates (if known)
- What they are the patron Saint of or one interesting fact.
- A picture of the Saint is optional.

To create your tombstone, you can use a cereal box, or you can cut a piece of foam poster board into the shape of a tombstone.

**Both the tombstone and the Saint Form are due by October 20.**

# Saint Name Form

*Due October 20*

*Please use complete sentences in your responses. (attach another sheet if necessary)*

Confirmation Candidate: \_\_\_\_\_  
(First and Last Name)

Saint Name Chosen: \_\_\_\_\_

***Give a brief summary of this person's life (4-5 sentences):***

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***Why did you choose this Saint? Or, How do you most relate to this Saint? (3-4 sentences)***

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***How can you emulate the qualities of this Saint? (3-4 sentences)***

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